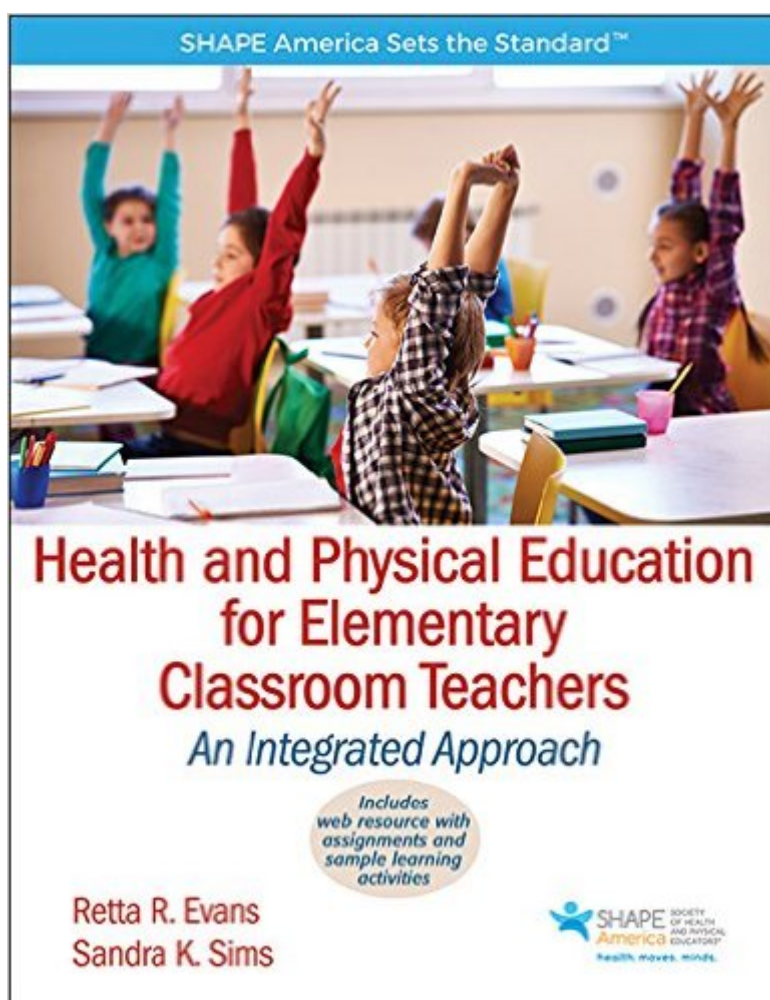


The book was found

# Health And Physical Education For Elementary Classroom Teacher With Web Resource: An Integrated Approach



## Synopsis

In elementary schools across the United States, teachers are often tasked with teaching health education or physical education, although they may not have specialist training. *Health and Physical Education for Elementary Classroom Teachers: An Integrated Approach* is the perfect resource for these educators. It covers both health and physical education while giving current and preservice teachers the skills to deliver appropriate lessons to their young students. Retta Evans and Sandra Sims, respected educators and physical education advocates, provide everything teachers need in order to seamlessly incorporate health education and physical education into an integrated curriculum. Based on national health education, physical education, and state-specific academic standards including the Common Core state standards, this is a guide that will help teachers empower elementary students to become healthy and active. The text is complemented with a full suite of ancillary products:

- Sample syllabus and course outline
- Chapter resources, including an overview, outline, review questions with answers, and learning activities
- Chapter questions to help in creating quick assessments of student learning or in building custom tests
- Approximately 150 slides to reinforce key points

The text also features lab exercises that allow students to practice the material they are learning, including designing their own standards-based lesson plans that integrate health and physical education. By learning the essential knowledge and using the invaluable strategies in this book, every teacher will be equipped to create a healthy and active school environment that maximizes student achievement. *Health and Physical Education for Elementary Classroom Teachers* is organized into two parts, each dedicated to different components of incorporating health and physical education into the elementary classroom. Part I focuses on the foundational knowledge needed for teaching health and physical education. It addresses the health risk behaviors of today's generation of students, a team approach to coordinated school health, how physical growth and brain development in children are related to health, and the many characteristics and benefits of a high-quality physical education program. Part II emphasizes the strategies necessary for incorporating health, physical education, and physical activity into the curriculum and school day. It discusses how teachers can become advocates of healthy and active schools, identify habits that promote everyday health in the classroom, and incorporate physical activity and the national standards into each school day. It also presents teaching methods, assessment tools, and evaluation strategies to ensure teaching success. Throughout this book, practicing and training teachers will find websites, tips for best practices, sample lesson plans, and tables with innovative strategies. The result is a great resource that teachers can use to fulfill what is both a tremendous responsibility and a unique

opportunityâ ”promoting health and wellness in the elementary classroom using an integrated approach. v

## Book Information

Paperback: 240 pages

Publisher: Human Kinetics; 1 edition (March 11, 2016)

Language: English

ISBN-10: 1450459919

ISBN-13: 978-1450459914

Product Dimensions: 8.4 x 0.6 x 10.9 inches

Shipping Weight: 1.4 pounds (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #403,838 in Books (See Top 100 in Books) #55 inÂ Books > Education & Teaching > Schools & Teaching > Instruction Methods > Health #837 inÂ Books > Education & Teaching > Schools & Teaching > Education Theory > Assessment #1537 inÂ Books > Textbooks > Education > Elementary Education

[Download to continue reading...](#)

Health and Physical Education for Elementary Classroom Teacher With Web Resource: An Integrated Approach VRA 001 Virginia Reading Assessment for Elementary and Special Education Teachers Teacher Certification Test Prep Study Guide (XAMonline Teacher Certification Study Guides) NES Elementary Education Study Guide: Test Prep and Practice for the NES Elementary Education Exam Pocket Companion for Physical Examination and Health Assessment, 6e (Jarvis, Pocket Companion for Physical Examination and Health Assessment) FTCE Elementary Education K-6 Book + Online (FTCE Teacher Certification Test Prep) Praxis II Elementary Education: Content Knowledge (0014/5014) 2nd Ed. (PRAXIS Teacher Certification Test Prep) No Standing Around in My Gym: Lesson plans, games, and teaching tips for elementary physical education Dark Web: Exploring and Data Mining the Dark Side of the Web (Integrated Series in Information Systems) FTCE Physical Education K-12 Secrets Study Guide: FTCE Test Review for the Florida Teacher Certification Examinations TExES Physical Education EC-12 158 Teacher Certification Test Prep Study Guide (XAM TEXES) Exercise for Physical & Mental Health (An Integrated Life of Fitness) Real-World Theatre Education: A Teacher's Guide to Growing a Theatre Education Program Physical Assessment of the Newborn: A Comprehensive Approach to the Art of Physical Examination Health Education: Elementary and Middle School Applications Integrated Theory &

Knowledge Development in Nursing, 8e (Chinn, Integrated Theory and Knowledge Development in Nursing) Genki: An Integrated Course in Elementary Japanese, Workbook 2, 2nd Edition (Book & CD-ROM) (English and Japanese Edition) GENKI I: An Integrated Course in Elementary Japanese [With CDROM] (Japanese Edition) (English and Japanese Edition) Praxis II Health and Physical Education: Content Knowledge (5857) Exam Secrets Study Guide: Praxis II Test Review for the Praxis II: Subject Assessments Adobe InDesign CC Classroom in a Book (Classroom in a Book (Adobe)) ACSM's Resource Manual for Guidelines for Exercise Testing and Prescription (Ascms Resource Manual for Guidlies for Exercise Testing and Prescription)

[Dmca](#)